



Years 7-10

**Wednesday 12th - Tuesday 18th
DECEMBER, 2018**

KOTARA HIGH SCHOOL

KHS Interest Electives
Wednesday 12th–Tuesday 18th December,
2018

Dear Parents / Carers

Interest Electives 2018 will be held from **Wednesday 12th December to Tuesday 18th December**. It is hoped that throughout the five days of Interest Electives, students will try new experiences and obtain new skills that they may not have the opportunity to develop elsewhere. These experiences include hobbies, sports and recreational activities.

Interest Electives are organised as an enjoyable way to end the school year for all students of Years 7, 8, 9 & 10. This week is a long-running Kotara High tradition and is part of normal school activities.

All students must attend school during Interest Electives.

If students are going away on holidays or will be away for other legitimate reasons, notes need to be approved by the relevant Year Deputy (Mr Leyshon 8,10, Mr McCord 7&9) then Mrs Jackson or Mrs Hughes need to be informed of that absence.

The following pages describe the activities, outlines the costs and various requirements. It is important that students make their choices carefully to ensure an enjoyable week.

It is not always possible to give students their first choice as numbers to the most popular activities are limited, but the organisers will try hard to accommodate all preferences.

Reward card holders receive first preference when choosing their Interest Electives, followed by other years in order of seniority.

Please feel free to contact the school if you require any further details about the proposed activities. If students have any questions, come to the HSIE staffroom for assistance.

M. Jackson & E. Hughes (Organisers)

Ph 49433 044

Organisation

The day is organised into 3 sessions:

Session	1	9.00 am	–	10.45 am
	2	11.15 am	–	12.50 pm
	3	1.35 pm	–	3.12 pm

Activities are programmed into different sessions, so you need to choose to fill your day without clashing with activities that are on at the same time.

Some activities are SINGLE sessions and some DOUBLE sessions. You may do either:

1. 3 single sessions per day

Or

2. A single, then a double

Or

3. A double, then a single

Important Information!

1. Do not pay any money until you have been allocated to to your activity and instructed to do so by the organising teacher.
2. Meetings will be held prior to interest electives. to meet your teachers and get final details of costs and venues.
3. You will be informed on assemblies and in the elective meetings as to the methods of payment etc.

Timetable

Single Sessions

SESSION 1	SESSION 2	SESSION 3
Halo Battle Royale (20)	Sushi Making (15)	Halo Battle Royale (20)
Indoor Sports (30)		Indoor Sports (30)
Movie Appreciation (90)	Movie Appreciation (90)	Movie Appreciation (90)
Archery (20)	Table Tennis (25)	Guitar Beginners (20)
Basketball/Ball Sports (25)	Archery (20)	Computers/ Model Making/ Chess Board games (25)
Circuit Training (20)	Computer games / board Games (25)	Circuit Training (20)
Table Tennis (25)	Basketball/ball sports / Strength Training (25)	Archery (20)
Paint Your Masterpiece (20)	Paint Your Own Masterpiece (20)	Table Tennis (25)
Computer games / Board Games (25)	Yoga (20)	Ball Sports/Basketball (25)
Lego / Model Making (25)		Painting your own Masterpiece (20)
Chillaxin' in the Library (20)		Chillaxin' in the Library (20)
Japanese Anime/Origami (20)		Lego / Model Making (25)
Candle & Soap Making (20)		Candle & Soap Making (20)
Theatre Sports (20)		Theatre Sports (20)
Intermediate Guitar (20)		Auslan (15)
Girls Strength Training (20)		
Auslan (15)		
Guitar Beginners (20)		

Timetable

Double Sessions

SESSIONS 1 & 2

Swimming at the Baths (80)

The Coolest Elective (56)

Skateboarding (15)

Learn to Surf (20) **

Robotics (20)

Surfing (12) **

Golf (16)

NBA Basketball (25)

Christmas Creation (20)

Choose your Electives carefully

* **Choose either:**

3 Single Sessions

OR 1 Single, then a Double

OR a Double, then a Single

** The surfing electives fill up very quickly. Read the descriptions carefully to ensure you are choosing the correct one for you!

SESSIONS 2 & 3

Mystery Pool Tour (60)

Christmas Cookery Hamper (20)

Mural Painting (22)

D Block Stairs Artwork (40)

Darkroom Photography (12)

Single Session Activities

MOVIE APPRECIATION

VENUE: School

Cost: FREE

Features enjoyable, entertaining and varied movies suitable for teenagers in a relaxed atmosphere.

Sessions 1 OR 2 OR 3 (ONE movie session only)

BASKETBALL/ASSORTED BALL SPORTS

VENUE: School

Cost: Nil

Learn the art of the Slam Dunk and sharpen your evasive skills in Kotara High's No. 1 game, Dodge Ball. Strength training may be included in session 2 only.

Sessions 1, 2, 3

PAINT YOUR OWN MASTERPIECE

VENUE: School—Art Room

Cost:\$15

Unleash your creativity by joining one of Newcastle's hottest art talents in drawing your own masterpiece. You will be limited only by your own imagination.

Sessions 1, 2, 3

TABLE TENNIS

VENUE: School

Cost: FREE

Table tennis... not ping pong! You will get into a spin serving and volleying under the guidance of Former Newcastle Table Tennis champions. Play in air conditioned comfort!

Sessions 1, 2 and 3

JAPANESE ANIME / ORIGAMI

VENUE: SCHOOL

Cost: FREE

Japanese anime movies give an excellent insight into Japanese culture and language. Using popular and brand new resources.

Session 1 only

COMPUTER GAMES / BOARD GAMES

VENUE: School

Cost: FREE

Students bring their own board games—Snakes and Ladders, Monopoly etc. or computer games. Or you may wish to assemble, paint and decorate your chosen model.

Sessions 1, 2 OR 3

GUITAR FOR BEGINNERS

VENUE: School

Cost: FREE

Learn guitar basics including tuning, chord shades, and strumming patterns. Learn songs and enjoy making music! BYO guitar or one will be provided.

Session 1 or 3

HALO BATTLE ROYALE

VENUE: School

Cost: FREE

Like playing Halo?? Join other students and teachers in a Halo Battle Royale!! Play with up to 30 players across several computer rooms.

Sessions 1 and 3

INTERMEDIATE GUITAR

VENUE: Music Room 2

Cost: FREE

Develop your shredding skills with Mr Fuiono! Learn the C.A.G.E.D System, Scales, Bar Chords and Techniques. BYO guitar or one will be provided.

Session 1

LEGO / MODEL MAKING

VENUE: School

Cost: FREE (BYO own model if required)

The only limit is your imagination! Get your creativity on and do some Lego building or bring your own model to complete during the week.

Sessions 1 and 3

CIRCUIT TRAINING

VENUE: School Gym

Cost: FREE

You will do a range of exercises and games and have the opportunity to use the school's circuit training and weights equipment.

Sessions 1 and 3

ARCHERY

VENUE: School—Behind the MPC

Cost \$6.00

No apple will be safe as you learn to shoot like Robin Hood. Enjoy the relaxing sport of Archery including many fun games with prizes.

Sessions 1, 2 and 3

INDOOR SPORT

VENUE: MPC

Cost: FREE

Includes an array of indoor sport in the MPC. Sports will include: soccer, basketball, dodgeball, capture the flag and loads more.

Sessions 1 and 3

YOGA

VENUE: SCHOOL

Cost: FREE

Enjoy a relaxing end to the year learning some introductory Yoga.

Session 2 only

AUSLAN

VENUE: SCHOOL

Cost: FREE

Have you seen the Support Faculty students signing on stage and wished you knew how to better communicate with them? Come and learn some basic Auslan. Auslan stands for Australian Sign Language. This is a workshop-based activity where we will learn and use different signs while communicating and playing games.

Sessions 1 or 3

Double Session Activities: 1&2

CHILLAXIN' IN THE LIBRARY

VENUE: Library

Cost: FREE

Choose from a variety of quiet, relaxing activity stations. Reading, board games, jigsaw puzzles, origami and Lego (BYO). What a nice relaxing way to end the year!

Sessions 1 and 3

STRENGTH TRAINING FOR GIRLS

VENUE: FITNESS SHED

Cost: FREE

Enjoy learning how to use the strength training equipment in the school gym in a safe, relaxed environment. You will do a range of structured circuit exercises by an experienced instructor.

CANDLE & SOAP MAKING

VENUE: SCHOOL

Cost: \$15

Create candles, soap, bath bombs and scrubs. Keep them to enjoy for yourself or give them as a gift for Christmas.

Session 1 or 2

SUSHI MAKING

VENUE: SCHOOL

Cost: \$12

Enjoy the opportunity to learn to make a variety of sushi rolls using chicken, corn, tuna and egg to experiment with sushi styles. Yum!!!

Session 2 only

THEATRE SPORTS

VENUE: SCHOOL

Cost: FREE

Play warm-up games, create short performances and learn from the funniest improvisers on 'Thank God You're Here'. You don't need to have done Drama before but you do need to be willing to give performance a go, work with a wide range of students and generally, be up for some fun!

Sessions 1 or 3

SWIMMING AT THE BATHS

VENUE: Merewether / Newcastle Baths

Cost: Approx \$40.00 for bus

Relax and enjoy swimming and hanging with your friends, along with some fun pool games. Cool off and enjoy pool activities and frivolities, with customary hot chips for lunch.

LEARN TO SURF

VENUE: Nobby's Beach / Stockton

Cost: \$85.00 (Own transport to the venue, bus back to school)

Learn to surf with the experts from Newcastle Surf School. Starts 7.45 am for lesson; 9.00 am breakfast; 9.30 am—12.00 Surf Survival Skills Training.

SURFING

VENUE: Dixon Park Beach

Cost: \$25 for bus

Enjoy a surf each day with your mates! This surfing elective is only available to those students who have done their water safety qualification with Mr Pulsford for sport.

THE COOLEST ELECTIVE

Laser Tag, Ten Pin, Ninja Park, Ice skating, Movies, Merewether Beach

Cost: \$18 Bus plus approx. \$8 per day

Enjoy a different activity each day. This is the coolest and best elective to choose and always fills up first. Swim, shoot, climb, skate, watch, FUN!!

ROBOTICS

Venue: Design and Planning Room

Cost: FREE

Students will be building programming robots with specialist software. Activities include Robo Rescue and Robo Soccer.

Double Sessions 1 and 2 Continued...

SKATEBOARDING

VENUE: Various Skate parks

Cost: Approx. \$30 for Bus

Requirement: Protective gear

Tighten your trucks, throw on the DCs, grip your board and grind away with Kingy.

GOLF

VENUE: Assorted

Cost: Varied (Own transport to the venue, bus back to school)

Are you keen to improve your golf skills and enjoy the great outdoors? Costs are payable to the venue each day and you must be able to get yourself to and from each venue. If you require golf clubs, they can be hired from the Pro Shop for \$5. Friday at Merewether, Monday and Wednesday at Charlestown approx. \$8 per game. Tuesday and Thursday enjoy practice and Putt Putt at school with party day on Thursday.

NBA BASKETBALL

VENUE: School

Cost: FREE

Watch live NBA basketball, work on your skills and try to recreate your favourite NBA highlights! Bring your active wear and support your team!

CHRISTMAS CREATION

VENUE: School

Cost: VARIED (Bring money on the first day for shopping)

Enjoy a relaxing week making Xmas decorations and cards. Make one large project or many small projects, such as decorating baubles and making cards. Go shopping on the first day to collect supplies and then enjoy a relaxing week creating.

Double Session Activities 2 AND 3

MYSTERY POOL TOUR

VENUE: That's a mystery !!

Cost: Bus \$40 + daily pool entry (Slide and water course inc.)

You will be picked up by bus and taken to a different swimming pool each day. There you can frolic with your friends or join in organised games. Including The Forum for the inflatable aqua course, and private booking for the slide at Lambton Pool!

MURAL PAINTING

VENUE: School

Cost: FREE

Do you love to paint? Are you a creative thinker? Would you like the opportunity to paint inspirational murals on the wall of your school? Join the Art staff in the continued beautification of our school grounds that began in last year's electives.

DARKROOM PHOTOGRAPHY

VENUE: School Darkroom

Cost: \$30

Take photos using an SLR camera and develop the film, then print up the negatives to become beautiful Black and White photographs.

CHRISTMAS COOKERY HAMPERS

VENUE: School

Cost: \$35

Design, cook, decorate and sample scrumptious items to go in your Christmas Hamper. Loads of fun in the kitchen with an amazing Christmas Hamper to take home at the end to share with family and friends.

When do students choose?

D BLOCK STAIRS ARTWORK

VENUE: D BLOCK

Cost: FREE

If you have a favourite book and like getting creative, this is the elective for you. Join Miss Setz in painting a book spine staircase on each of the stair wells in D Block. A different Title and Author will be painted on each step. Help choose the books, draft designs and paint. Share the love of your favourite book, help beautify our environment and leave your mark for years to come!

The order and process for choosing electives is outlined below.

Students will choose their electives in class time in Weeks 5 & 6 in the following order:

- * Platinum and Gold card holders: Friday 16/11 Period 1, C18
- * Silver and Bronze card holders: Friday 16/11 Period 1, C18
- * Year 10: Lunch time Friday 16/11 (C18)
- * Year 9: Monday 19/11 Period 1, C18
- * Year 8: Tuesday 20/11 Period 3, C18
- * Year 7: Wednesday 21/11 Period 1, C18

* Your reward card **MUST** be presented to organising teachers when choosing.

* Students who fail to choose their electives will be placed wherever there are places available.

Students will be notified via daily Sentral announcements when they will chose their electives.

Additional Information

NOTES

EACH STUDENT WHO WISHES TO DO AN ELECTIVE WHICH TAKES THEM OUT OF THE SCHOOL GROUNDS WILL BE REQUIRED TO RETURN A PERMISSION NOTE AND AN UPDATED MEDICAL FORM.

PERMISSION NOTES WILL BE GIVEN OUT THE WEEK PRIOR.

PLEASE NOTE: SPECIAL TRANSPORT REQUIREMENTS AND PERMISSION NOTES ARE NEEDED FOR SOME ELECTIVES: